



Help Your Kids Succeed in School with Good Study Habits

Children spend one-half of their waking hours in school or school-related activities. Studies show that children whose parents place high value on education do significantly better in school than children whose parents are not very interested. What can you do to help make school productive and rewarding for your child?

Good study habits will help your child succeed in school. Here's how you can help:

Establish a regular homework routine

- Daily attention to school work for short periods of time are better than last-minute panic over an assignment. Set a specific study time.
- Check over your child's assignments and you will get an idea of what's expected.
- Set a specific study area with no distractions such as the TV, radio and phone.
- Look over your child's homework. This is a good way to stimulate conversation and build a better relationship with your child. **DO NOT DO YOUR CHILD'S HOMEWORK, HOWEVER.**
- Be available to encourage your child.
- Plan for the next day by helping your child get into the habit of organizing things.
- Display a love for learning at home. Ask questions; exchange ideas; read books together and separately; allow your child to arrive at personal conclusions.
- Complement your child's school experiences with excursions for the entire family.
- Above all, let your child see you enjoying new challenges and activities.