

Marquette Boys Track and Field

Mission Statement

Track is a sport that many of our participants have never competed in until they join us on day one. Our program seeks to help those young men to find their niche within our 18 event sport. We, as coaches, make it our goal help them to feel comfortable, learn their events, become stronger and faster, and, most importantly, teach them the value of improvement relative to themselves. The beauty of track is that while we never stop competing to “win”, real victories are when an athlete sets a PR, wins the slow heat of a race for the first time, breaks a plateau, etc. Athletes will learn that whether it is through their own experience, or through the example that is set for them by teammates, that you get what you put into it. Once that spark is lit intrinsic motivation kicks in and improvement comes from the passion for getting better, winning an event, or making it to the State Meet.

Athletes will also learn that, despite most events being individual in nature, that we still have a team atmosphere. Whether it is because they are part of a relay, working together in an open race or they are scoring points to help our team score at a meet, the concept of team is not lost.

The end product after our time together each season is a tougher, stronger and faster athlete that is ready to take on the next challenge in their life. This might be the next sport or a continuation of the training that begins each March. Either way, our hope is that they leave us as a better man, athlete, competitor, sportsman and citizen.