

Girls Lacrosse Mission Statement

PHILOSOPHY: BEST EFFORT <> FUN <> COMPETITIVE <> TEAM
<> HEART <> NEVER GIVE UP <> PROCESS <> FUN (THINK A
BIG CIRCLE)

“To Give Anything Less Than Your Best Is To Sacrifice The Gift”

~ Steve Prefontaine ~

It is the Belief of the coaching staff that in life, on the field, in the classroom, you only have control of two things: 1) Effort each day 2) Preparation

The aim of the program is to mold our athletes into tough, confident, fun, responsible, no excuse, problem solving, “go get ers”. Marquette Mustangs lacrosse players are young girls and women who will go into the real world knowing they can do anything if they have a true desire, and put the work in! People who lead by example! Loving the process towards a goal is more important than an outcome, we have very little control over! We play as a team, family, tribe, to do what’s best for everyone! We LOVE WHAT WE DO! Our coaching staff believe it's an HONOR and PRIVILEGE to coach of your daughters! We CHERISH every practice, game, pre season open play, sprint, weight lifting session, and all our team bonding events!
Sincerely thanks from everyone involved!