

# PARENT TOOLKIT

The Rockwood Safe Together health and wellness guidelines in place for returning to in-person education may take some getting used to for your children. Here are some ways in which families can prepare at home to help ease the transition.



## Talk With Your Children

Discuss the health and wellness procedures in place and how the school experience will be new for them.



## Choose a Face Covering

Work with your children to pick out face coverings that are safe and effective, but also comfortable.



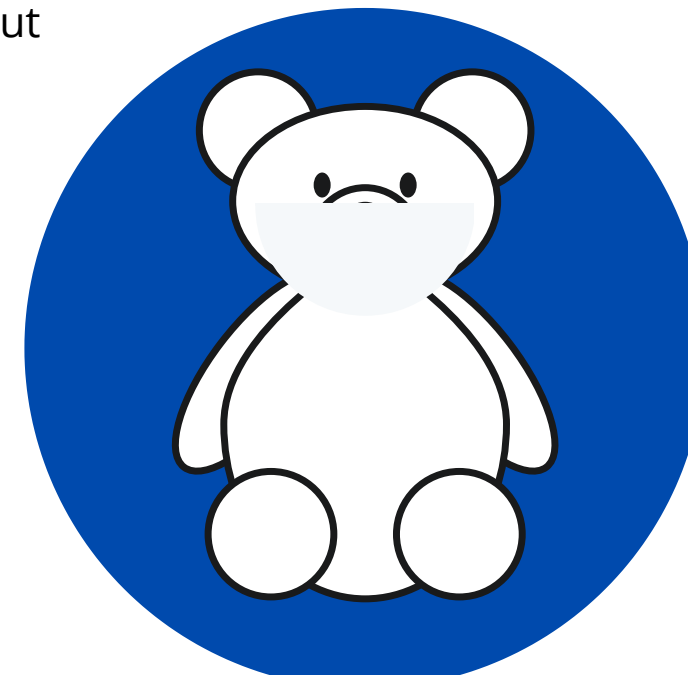
## Encourage Questions

Keep the lines of communication open with your children. Encourage them to share their feelings or ask questions if they're unsure.



## Model Behaviors

Provide examples of proper hand hygiene, how to wear a face covering and how to keep socially distanced.



## Practice Makes Perfect!

Practice putting on and taking off face coverings with your children. Make it fun by incorporating a favorite toy or stuffed animal!

